



Every Rotarian, Every Year
 District 7610 Foundation Newsletter
 Volume 2, Number 9
 March 2007

Happy St. Patrick's Day!
 Thank you for all that you do for TRF!



Time is Slipping Away. Four months left for contributions to The Rotary Foundation. Congratulations and a BIG Rotary Thank You to the Following Clubs That, as of January 31, had achieved \$100 or more *per capita* in contributions to The Annual Fund of TRF:

Club	<i>per capita</i>	Members			
Arlington	\$274.79	48	Mathews	\$107.76	50
Bull Run	\$250.14	32	McLean	\$221.82	55
Burke	\$175.00	21	Middlesex	\$355.01	39
Charlottesville	\$160.96	57	Mt Vernon	\$111.58	19
Dulles	\$123.92	39	Rappahannock	\$117.01	92
Fair Lakes	\$674.89	18	Springfield	\$536.84	19
Fredericksburg	\$105.19	77	Stafford	\$224.76	45
Louisa	\$131.27	19	Vienna	\$146.45	53

Totals: 2163 members \$85.92 per capita \$185,852.78 Annual Fund \$323,373.28 Total to TRF

Thank you ---- Thank you ----- “Your annual gift to The Rotary Foundation helps promote world understanding and peace through countless humanitarian, educational and cultural programs. Just imagine what we could accomplish if every Rotarian contributed \$100 every year. \$100 feeds a child in Nicaragua for a month . . . improving nutrition vital for concentration in the classroom. \$100 helps provide a grant for a land mine victim in Cambodia . . . to purchase fishing nets and a boat . . . and starts earning enough money to care for his family. \$100 buys oral polio vaccine for at least 150 children in Chad . . . is sparing them from polio’s crippling effects.” From The Rotarian Magazine.

Sandy Duckworth, Foundation Chair, Stafford RC, sandraduckworth@direcway.com



CONGRATULATIONS! You are one FABULOUS district and you can be very proud of your accomplishments in support of The Rotary Foundation. Figures as of January 31, 2007. District 7610 is #3 in Zone 33 in *per capita* giving with a total *per capita* of \$85.92. And we have only two clubs that have contributed nothing to TRF. GREAT JOB DISTRICT 7610 ROTARIANS! You can be very proud of your accomplishments! Thank you!



Welcome to our Newest Paul Harris Society Members

Pam Danner – McLean RC
David Danner – Tyson's RC
Doug Megill – McLean RC
Magdalene J-Obaji – Reston
Suzanne McDougall – Tyson's
Doug McGill – McLean RC

Tom "Obie" O'Bryon – McLean RC
Jim Timberlake – Warrenton RC
John Walvius – Woodbridge RC
Dick Warren – Gloucester RC
Glenn Yarborough – McLean RC

The McLean RC continues to "Lead the Way" in support of the Paul Harris Society under the leadership of President Bob Hahn and President-elect Scott Mills. They have extended a challenge to all clubs in the district. Match or surpass them. Go for it. Thanks McLean Rotarians for your leadership and your support of The Rotary Foundation and the Paul Harris Society.

Ron Marion, Paul Harris Society Chair, Crystal City RC - ronandros@earthlink.net

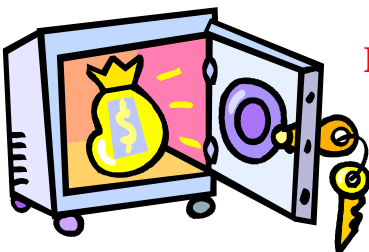
Doing Good in the World. The Paul Harris Society is named after Paul P. Harris, founder of Rotary International. Paul Harris Society contributions to The Rotary Foundation support a wide range of humanitarian grants and educational programs that enable Rotarians to bring hope and promote international understanding throughout the world. Become a member of the Paul Harris Society today and make a lasting difference. Your participation in the Paul Harris Society is an especially meaningful and significant commitment. Your annual contribution of \$1,000 can help provide:

- A well for clean water to a community in India;
- Equipment for a children's library in Ecuador;
- Polio vaccine for numerous children;
- Playground equipment, musical instruments, and therapeutic toys for rehabilitating orphans and other children in the Czech Republic;
- Eyeglasses for needy adults in the Philippines.

These programs can only be sustained with the ongoing support of dedicated Rotarians. Thank you for making The Rotary Foundation your charity of choice.



Ron Marion, Paul Harris Society Chair – Crystal City RC - ronandros@earthlink.net



REMINDER -- New Lockbox Address for Foundation Contributions Effective Immediately! All clubs, districts, and individual Rotarians should send contributions directly to the new lockbox: **The Rotary Foundation, 14280 Collections Center Drive, Chicago, IL 60693**

PLEASE continue to use the Foundation's headquarters address for all non-contribution related correspondence. This includes requests for Paul Harris Fellows, transfers of Foundation Recognition Points for Paul Harris Fellows, corrections to accounts and reports, completed Bequest Society and Benefactor forms, and any other general correspondence:

The Rotary Foundation, One Rotary Center, 1560 Sherman Avenue, Evanston, IL 60201-3698

REMINDER - New "Contact Center" Effective Immediately! The Rotary Foundation's new "Contact Center" is now answering questions posed by Rotarians via a toll-free telephone number: **1-866-9ROTARY (that's 1-866-976-8279)**. This new pilot project, currently available only in the USA, will enable Rotarians to get their Foundation questions answered promptly. The Center is staffed by Foundation personnel experienced in Humanitarian and Educational programs as well as Fund Development. Rotarians seeking contribution reports, questions on Matching Grants, Paul Harris Fellow recognition, and other general Foundation questions should either call the toll-free number or their email: contact.center@rotary.org.



REMINDER - World Peace Scholarship Applications due May 11.

Applications are now available for 2008-2010. Your club selection process and interviews must be completed by May 4th. The deadline for receiving your club recommendation is Friday, May 11th. The WPS committee members are ready to help you in promoting this program. We also have a seven minute video available for you to borrow. We look forward to receiving your application. Click here for application: www.rotary.org/newsroom/downloadcenter/pdfs/083en.pdf.



Sally Lay, World Peace Scholarship Chair, Manassas RC - sallylay@center-for-the-arts.org

FOUNDATION POINTS CAN SPARK CHALLENGE GIFTS. Foundation Recognition Points are a great way to encourage Rotarians to become Paul Harris Fellows or otherwise contribute to The Rotary Foundation's Annual Programs Fund. Foundation Recognition Points are generated when a Paul Harris Fellow contributes to the Foundation. The points are tracked in a separate account on the Club Recognition Summary and can be used to name others as Paul Harris Fellows. Rotarians can use the points to create a district or club challenge in support of the Every Rotarian, Every Year effort. Most of our D7610 clubs and members have Foundation Recognition Points. According to TRF, we have over 700,000 points available. Please check your personal and club recognition points and **PUT THEM TO WORK FOR THE FOUNDATION**. If you have questions, please contact me.



Gary Dehnel, Annual Giving Chair – Manassas RC - gcdehnel@verizon.net



Granting Wishes. How to get --- and use --- a grant from The Rotary Foundation. Five Easy Steps: 1. Find a partner; 2. Find a project; 3. Complete an application; 4. Implement the project; and 5. Complete a report. Yes, it's that easy. Go into your archives and take a look at your November 2005 Rotarian Magazine, pages 24-27. The specifics on these five easy steps are outlined for you. If you have questions, please contact:

Vance Zavala, Grants Chair, McLean RC – vance.zavala@att.net

Rotary Leadership Institute. Sign up Now! A great way to learn about The Rotary Foundation. The date for the next Rotary Leadership Institute in our district is Saturday, March 24. This Institute will be held on the campus of George Mason University in Fairfax and will include PARTS I, II, & III. This means Rotarians who have completed PART I should register for PART II, and those who have completed PARTS I & II will be registering for PART III. The Rappahannock Rotary Club led the district with seven participants at the RLI in Fredericksburg in November. Congratulations Rappahannock!! Remember that your club pays for the registration cost. For more information and the registration form, check our district web site: www.rotary7610.org or contact Ken Tillman.



Ken Tillman, RLI Chair, Rappahannock RC, kendee4@earthlink.net

A Story to Move Your Heart --- In the pre dawn hours of the morning of January 5th, 2007, twelve members of the Stafford and Rappahannock Rotary Clubs headed north by van to DCA. Two of the twelve were our drivers, taking the remaining ten of us and our 20 suitcases to the airport to begin one of the most fulfilling Rotary projects any of us has ever experienced.



Having only a little more than six weeks in which to plan this trip and identify our goals, we were amazed by how quickly our fellow members and their non-Rotary friends rallied to help us. In that short time span, we collected medical supplies, soap, deodorant, bras, fabric, school supplies, crayons, coloring books, crafts, backpacks, 579 tubes of toothpaste and toothbrushes, fifty-one pairs of shoes, soccer supplies and many more items. We packed 26 suitcases, 15 of which were transported a day earlier by the Campus Christian Center students from the University of Mary Washington. Each suitcase weighed 50 lbs. (the maximum we could take). Our destination of El Progreso, Honduras was just a spot on the map then. The charge we received from our clubs was two fold: the first was to explore and evaluate possibilities for potential future partnership with a Honduran Rotary club, and the second was to “build good will and better friendships”.



We learned from Shin Fujiyama (a UMW senior and founder of Students Helping Honduras) that there was a huge need for skilled labor to build roofs on the existing homes in Siete de Abril. Siete de Abril, a village set on the outskirts of El Progreso, has seventy-five lean-to type buildings which serve as home for its approximately 250 residents. It has no electricity, sanitation facilities, or phone service, and it gets piped water from the mountains only during the rainy season. The residents, most of whom are displaced persons following Hurricane Mitch’s 75 inch rain devastation in 1998, are living on government owned land. Their houses are constructed primarily of wood posts, with some tin, cardboard, or plastic sides and roofs. Few have either windows or doors.

Prior to leaving, three members of our Rotary team said, “I want to build roofs”. As it turned out, eight of our ten members physically worked on those houses, and six of them spent all day for four straight days laboring in the heat, humidity, and dirt. Shin’s goal was to complete seven roofs. The final tally: sixteen new roofs and four totally new houses were completed!

In addition to the physical labor we supplied, our clubs also paid for the house building materials (\$4728), and we supplied the design and \$500 in materials for the villagers to build a bathroom next to the schoolhouse (the only one in the village). Every day we were joined by men from the village who worked side by side with us, and on two days, men from a village across the river walked over to join us.

I, too, worked in the village, but I was in the schoolhouse the majority of the time with about 50 children. Not speaking Spanish was a huge detriment, and my UMW translator was a blessing. I have about 50 pictures from the children, one of which sums their feelings: from Areli Saiguero “Amo atodos los gringos le mando un vezo atos muchas gracias atodos”. Translation: “I love all the gringos. I send you a kiss, and to everybody, thank you very much”.

While I was working with the children, our other three ladies were bagging gifts of clothing, more toothbrushes, soaps, etc. to for us to deliver to the “ninos” in each house. This was our second delivery trip around the village, but this time we did it by bus instead of walking for three hours! We are the ones who are blessed to have had the opportunity to work with such loving, gracious people, who not only tolerated our slaughter of their language, but who embraced us physically and emotionally.

Two of us toured Our Little Roses, a home for abandoned or abused girls, in San Pedro Sula. Most of us went to Copprome, a home for boys and girls, some of whom have families who can't care for them and some of whom were abused, abandoned or malnourished. Neither of these institutions is an “orphanage” in the sense we know one in this country, and to my knowledge none of the children in either home is eligible for adoption.



We also went to Oye (Oyehonduras.org), a 501 C-3 in the US that provides employment for youth. We spent time with the parents and children in “Esperanza”, housed for free in a Catholic Church hall. This is a loosely formed group of folks dedicated to providing help and education for special needs children. We discovered Honduras has no programs for these children.

Pronino, (streetkidshonduras.org) was founded by a former Richmond, Va. Rotarian. Dedicated to the rehabilitation and education of drug addicted boys, this 12 acre “boot camp” styled facility is entirely surrounded by barbed wire fencing, as all of the boys there are restricted.

Perhaps the highlight of our trip was the reception we were given by the Rotary Club of El Progreso. Not only did they welcome us by having their president, Redis Bonilla, visit us at our lodgings, they CHANGED their meeting night to accommodate us. We walked into their Rotario building to be greeted by smiles, handshakes, food and drink, and the Four Way Test in Spanish. Their entire order of business was getting to know us, at the same time allowing us to ask all of the questions we had. They shared with us pictures of their accomplishments with matching grant money (Spanish and Italian clubs), their desire to partner with us, and their pressing need to get dentists and physicians to come to El Progreso in either May or June of this year. They have a clinic available for three days, and they'll provide dental or physician assistants. We'd love to hear from others in our district who would be willing to help.

We have hundreds of stories to share. To a person, we are proud to have represented our respective Rotary clubs, District 7610, and Rotary International. We are also grateful to the Middlesex, Herndon, Reston, Mclean and the Fredericksburg Rotary Clubs for their donations. Having two UMW Rotaractors with us when we met with Mr. Bonilla was another plus. He wanted us and them to know that the Rotaract club they sponsor won the “best Rotaract in the Americas” award by RI for a rehab center they built. We think building good will and better friendships has just begun between our Rotary clubs and Honduran Rotary clubs! Team Members: Stafford RC – Lou Barnett, Linda Govenides, Richard Lyall, Carlos Melendez, Jeff Small, Robin Sutton, Vicki Lewis. Rappahannock RC – Stephen Batsche, James Lewis, Kenneth Scruggs.

Vicki Lewis – Stafford RC - vlewis007@verizon.net

STUDENTS IN THE Gladys H. Oberle School Interact Club raised funds to shelter ten people in Africa for up to a year through the ShelterBox program. A ShelterBox contains a tent, cooking equipment, bedding and other supplies needed to sustain ten people over a period of several months. Joan McLaughlin, president of Employment Resources Inc., which runs Oberle School, was looking for a service project for her students when she felt led to do something to help Africans in Darfur. McLaughlin's fellow Rotarian Nelda Mohr suggested the ShelterBox project, as it has ties to Africa. Shirley Heim, the district chairman for Interact clubs, arranged for a presentation to the students about the ShelterBox project. Student Rickey Scott Jr. was upset by pictures of people running



from their homes and not being able to go back. He wanted to help because "the people have so little and we have so much."



The Interact Club members pledged to raise the \$900 necessary to purchase a box by spring. To raise the money, the hardworking teens sold duck sponsorships outside retail stores for Rotary's Great Rappahannock River Duck Race. Student Brett Simpson was reluctant. "I didn't like the idea at first because I thought I'd be a bad salesman," he said. He enjoyed it anyway; according to Pam Simms, ERI's vice president of education services, he was "great at it." They formed an assembly line to pack and wrap fruit baskets for Rotary's holiday fruit sales. Student LaFanta Fox learned the skill of tying complicated Christmas bows on the baskets. The students also sold tickets to Rotary's pancake breakfast.

They said they enjoyed their ShelterBox fundraising experience and look forward to helping more people in the future. Students at Oberle can sign up for a class in helping others called Learn and Serve. For their efforts, the students will receive a certificate commemorating their accomplishment and a tracking number to follow the progress of their ShelterBox. Gladys H. Oberle School in Fredericksburg is a fully licensed and accredited special-education alternative day school.

Shannon Howell – Student – Gladys H. Oberle School

A **bout ShelterBox.** According to ShelterBox, more than 12 million people lack adequate shelter daily. The ShelterBox program was started in 2000 as a way to solve the ongoing shelter needs of people affected by both natural and man-made disasters. There is an ongoing initiative called "A Million in Africa." Its goal is to "accommodate and assist" at least a million people in Africa in the next few years. ShelterBox estimates at least 75 percent of the homeless are women and children displaced by famine, war and other disasters. The boxes can contain such items as a 10-person insulated tent, sleeping mats, mosquito nets, cooking equipment, cook stoves, hand tools, water purification pills and water containers. ShelterBox also helped people affected by the 2005 tsunami, Hurricane Katrina and the earthquake in Pakistan. Any group, not just Rotary affiliated organizations, can donate money to buy a shelter box. The group is given a tracking number and can follow the progress of the box as it is sent to its final destination. For details, visit www.shelterboxusa.org or contact Wayne Chiles. Wayne will be happy to speak to your Rotary Club.



Wayne Chiles, ShelterBox Chair, Springfield RC - gpamnky@msn.com

G **roup Study Exchange (GSE) at Peak Activity.** GSE approaches the culmination of 2006 – 2007 and kick-offs 2007 – 2008 while we wind down 2005 – 2006. **2006 – 2007** On both sides of the Atlantic, GSE Committees, Members and Teams have been very busy since last summer promoting, nominating and selecting GSE teams; all have been preparing diligently for the upcoming visits this spring. Thank you, District 7610 Rotarians, for all your continuing wonderful support for this exciting program made possible by your contributions to The Rotary Foundation of Rotary International and your generous welcoming hosting of GSE Teams from around the World.

District 7610 welcomes the African GSE Team from District 9250 – Botswana, Mozambique, Northern Republic of South Africa, and Swaziland – from April 7 through May 4. While they are here they will visit most of District 7610 – from Mathews/Middlesex (and Jamestown/Williamsburg) to Fredericksburg/Stafford to Louisa to Charlottesville to Northern Virginia, learning the culture and history



and seeing the sights of the District, experiencing how their vocations are practiced here, and enjoying the fellowship and warm hospitality of our Rotarians and their communities. They will also attend the District Conference in Charlottesville. D9250 Team: Eugene van Wyk (RSA), Anya Chrissopoulos (Team Leader, RSA), Sharon Neves (Swaziland), Alson Ngoveni (RSA), and Shaklain Ahmed (RSA)



On May 4, the District 7610 team will depart for four weeks in District 9250 where they will be hosted by clubs in South Africa and Swaziland, returning to Virginia on June 2. They will also attend the District 7610 Conference in Charlottesville and the District 9250 Conference. The team leader, four team members and three alternate team members were selected last summer and fall from excellent pools of six Team Leader applicants and 14 Team member applicants. (Thank you, again, Rotarians for your great recruiting efforts.) D7610: Edie Gross (Stafford), Christine Mohr (Herndon), Lois Wilson (Team Leader, McLean), Jessica Hartz (Herndon), and Michelle Peters (Bailey's Crossroads)

2007 – 2008 The GSE Committee has already kicked off recruiting for Team Leader and Team Members for the upcoming year when we will exchange with District 4710 in the northeastern quadrant of the state of Paraná in southern Brazil. We will host the Brazilian team from March 13 through April 11, 2008 and our team will leave for Brazil on April 11 and return on May 10, 2008. Team Leader applications are due by August 10, 2007 and Team Member applications are due by October 8, 2007. Watch for complete details on our District web site, www.Rotary7610.org.

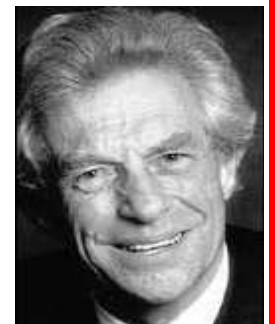


2005 – 2006 Last year, District 7610 exchanged with District 2230 – Belarus, Poland and Ukraine – although the District 2230 team was all Polish and our team visited only Poland with brief excursions into Czechoslovakia and Germany. Many of you no doubt remember the fine team we hosted last spring. The District 7610 team has been giving presentations to Rotary clubs in the District when requested to do so. They are still available for the next three months; if you want a very interesting program for your meeting contact Team Leader Jerry Foltz at jfoltz@erols.com. You can also learn more about their trip in their own word with great photographs by visiting their blog at <http://rotary7610gse.blogspot.com/>. D7610 Team with host guide touring Wawel Castle: Jerry Foltz (Team Leader, Dulles), Ann Steele (Fair Lakes), Sara Menlove (Fair Lakes), and Seth Billings (West Springfield)



Lester Schoene, GSE Chair – Annandale RC - lesterp@verizon.net

Ask the Experts - How can clubs implement a water management project in another country? Ron Denham, general coordinator of the Water Resource Group, replies: "Rotary clubs everywhere are working with communities at the grassroots level to deal with the challenges of polluted water, water scarcity, and waterborne diseases. As a first step in organizing a water management project, a Rotary club meets with community experts and workers and local authorities to discuss the issue and possible solutions. Often, they call on Rotarians for specialized know-how and begin to seek out potential partners, such as other Rotary clubs, nongovernmental organizations, and international agencies. Together, the team decides on the most sustainable, cost-effective solution. This forms the basis for a project plan that identifies needed resources, technology, training, specialized skills, funding, and a schedule. The team then seeks support from the Rotary world. Through other Rotary projects and events, and sometimes by chance, Rotarians in the developed world learn of Rotarians in the developing world seeking help. (The Water Resource Group chat room at forums.rotary.org and the WCS Projects Exchange Database at www.rotary.org/programs/wcs are also invaluable networking resources.) From here, clubs decide how much funding they have and how much is needed to



complete the project. They may bring in other clubs or split the project into a number of phases. They also discuss how to secure financial support from The Rotary Foundation; larger projects may also seek help from other foundations, corporations, or private individuals. A successful team keeps these project guidelines in mind: • Focus on the need in the host country, not on the supply of equipment. • Emphasize project sustainability. • Seek local buy-in or ownership. • Choose appropriate technology. • Include sanitation and hygiene. Remember, providing people with water is not an end in itself. It is a means to health, education, economic security and, ultimately, a better life.



Foundation Tidbits

Brian King promoted to Senior Annual Giving Officer for The Rotary Foundation. Congratulations, Brian. This is a well-deserved promotion. You will be terrific in your new role. Those of us who have always thought of you as “ours” will just have to learn to share you with all of those other Zones 23-32. We know that everyone in your new zones will love you as we do.

Become a Major Donor through a Pledge. The Foundation may accept unconditional promises for you to become a Major Donor through a pledge with payment terms generally three years or less and valued at \$10,000 or more. A pledge meeting these criteria is considered active upon receipt of the first payment, which shall generally represent a proportional share of the total pledge amount. Pledge terms must be established in writing. These pledges are considered by the Foundation to represent a binding obligation of the donor and are recorded on the Foundation’s financial statements.

Want to Check Your Contribution History? Go to www.rotary.org and click on Member Access on the upper right-hand corner. This will connect you to Rotary Business Online. Enter your user name and password if you are registered. To become registered, enter your membership number (which appears on the mailing label of The Rotarian magazine), club number, and district number. If you don’t know your club number, check with your club secretary. When signing up, Member Access will prompt you to enter your e-mail address as your user name and send your password to that e-mail address. After successfully logging in with your initial user name and default password, you can change both in Member Access.

“What better place than Rotary is there to be involved in service? . . . What better place is there than The Rotary Foundation to give back?”

Past District Governor and Arch C. Klumph Society member Edward “Eddie” Blender

*“Everything rises and falls on leadership....
The more you try to do in life, the more you will find that leadership makes the difference....”*

Questions or information that you would like to see in this newsletter, contact Foundation Chair, Sandy Duckworth - sandraduckworth@hughes.net or call 540-361-1680