



*Every Rotarian, Every Year*  
District 7610 Foundation Newsletter  
Volume 1, Number 8  
February, 2006

*Happy Valentines Day!*  
*Thank you for all that you do for TRF!*



**Correction!** The McLean RC had achieved \$136.61 *per capita* as of December 31. They were inadvertently left off the list. Sorry, McLean Rotarians.

Sandy Duckworth, Foundation Chair, Stafford RC, [sandraduckworth@direcway.com](mailto:sandraduckworth@direcway.com)

**V**alentines Day is a Day for Giving. Please Help! Rotary Clubs that traditionally contribute less than \$100 *per capita* are encouraged to achieve a minimum goal of \$100. Clubs above \$100 in *per capita* giving are encouraged to achieve an enhanced goal of 10 percent above their highest *per capita* achievement.

Also, clubs, please consider encouraging members who are capable of making a challenge gift to consider doing so as a way of inspiring others to contribute. Your support of the EREY effort enables TRF to help meet a world of needs for those less fortunate. Thank you again for all that you do both at home and around the world. **Happy Valentines Day!**



Travis White, Annual Fund Chair, Burke RC, [twhite@adicon.net](mailto:twhite@adicon.net)

**W**orld Peace Scholarships provide the leaders of tomorrow with a two-year Masters level degree or certificate in international studies, peace studies and Conflict resolution at one of the seven Rotary Centers for International Studies.



**Here's How It Works:** RI awards up to 70 scholarships annually on a worldwide Competitive basis for two-year master's level study at one of the seven Rotary Centers around the world. Our District will submit one candidate who demonstrates a commitment to world peace and conflict resolution, strong leadership skills, foreign language proficiency and 3-5 years professional experience. Applicants must be sponsored by their local Rotary Club where they live, work or study. They cannot be related to a Rotary member or employee of RI. More detailed information is available at the Rotary Web site, [www.rotary.org](http://www.rotary.org)

**Your Help Is Needed:** Spread the word in your club, to your local press, cable providers, radio stations, college/University newspapers as well as to organizations who may be resources for qualified applicants (i.e. Departments of international studies, international relations, government agencies such as Dept. of State or The World Bank).

**Time Is of the Essence:** The deadline for receiving your club's candidate application is Saturday, May 14th. Click here for the application: [www.rotary.org/newsroom/downloadcenter/pdfs/083en.pdf](http://www.rotary.org/newsroom/downloadcenter/pdfs/083en.pdf). Your club selection process and interviews must be completed by May 7th. The WPS committee members are ready to help you in promoting this program. We also have a seven minute video available for you to borrow.

If you need more information, please contact me by e-mail: [sallylay@center-for-the-arts.com](mailto:sallylay@center-for-the-arts.com), phone (703) 330-2787 or fax (703) 392-9749. Thanks so much for your support of this exciting scholarship. We look forward to receiving an application from your club.

**Sally Lay, World Peace Scholarship Chair, Manassas RC, [sallylay@center-for-the-arts.com](mailto:sallylay@center-for-the-arts.com)**

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### **Individual Grants Approved in the District – a Brief Description:**

**Grant #57866** by the Herndon RC (Jim Vollmer) in partnership with the Alexandria RC (Bill Jarrett and Pat Clarke) was approved for travel to White River, South Africa, from January 28 through February 18, 2006. The purpose of the planning mission is to explore upgrading the education and physical resources of the Maphakama Primary School grades 1-7 and the Masoyi Special Care Centre (for disabled children). The focus of the team will be literacy and education, water and health. The president of the White River RC, Albie van de Venter, has emphasized the school's need for a clean water supply, electricity and books, especially encyclopedias. The Alexandria RC will provide books and encyclopedias. The team is working on a matching grant with the White River RC while in country. RI approved \$6000 for travel.

**Grant #57886** by the Alexandria RC (Raymond V. Petniunas), spouse, Susan Petniunas will make up the team. The team will depart in June 2006. The grant was approved for a fact-finding mission to, (1) Ascertain the requirements for the purchase and installation of computers in Lithuanian classrooms, (2) distribute books, (3) train teachers in new curricula, and (4) conduct computer training for the underprivileged in the Kaunas school system. The overall objective for this team will be to outline the specific literacy needs (e.g. books, classroom materials translators, tutors and volunteers), identify the specific computer requirements and develop a matching grant. RI approved \$5000 for travel.

**Reminder:** Rotary Individual Grants pay for individuals or small groups to travel for international humanitarian service to Rotary countries. The maximum grant awards are based on length of stay and number of people traveling; the maximum group award is \$6,000. Volunteers may travel twice during the Rotary year. Although the moratorium on these grants has been lifted by the Foundation Trustees, they will evaluate the program at their April 2006 meeting. The district Individual Grants Chair will review and provide feedback on the status of the grant after the Trustee meeting.

**Janet Brown, Individual Grants Chair, Rappahannock RC, [TheReferee@adelphia.net](mailto:TheReferee@adelphia.net)**

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## **McLean and Ukrainian Rotarians Partner to Help Orphanage.**

The idea for the project began in the winter of 2003 on a trip to Ukraine by McLean Rotarian Scott Mills and his wife, Kim. Scott and Kim were in Ukraine to adopt their son. The orphanage that they visited was cold, and many of the basic needs of the children were not adequately met.

The McLean RC and Kirovograd, Ukraine RC, in consultation with Life2Orphans and the director of the Kirovograd Infant Home, decided to purchase durable equipment at the top of the orphanage's "wish list"—things like clothes washing machines, refrigerators, food processors, and indoor play equipment, totaling almost \$18,000! In January, the McLean club received word that its joint application for Matching Grant #58821 had been received by the Rotary Foundation for review and processing. The grant was made possible through the generous contributions of Rotarians in District 7610 and the commitment of \$7,500 in District Designated Funds (DDF). The club anticipates that the equipment will be purchased and installed this spring, 2006.



**Scott Mills, Secretary, McLean RC - [Scott.Mills@YourHRLawyer.com](mailto:Scott.Mills@YourHRLawyer.com)**

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## **McLean Rotarians Help Eradicate Guinea Worm in Ghana**

by joining forces with the Rotary Clubs of Lebanon, NH, and Talame, Ghana, as well as UNICEF, the Carter Center, and the Rotary Foundation, to construct water and sand filtration and delivery systems at the Chinifoyill, Kapibe, and Gburimani dams in the northern region of Ghana, Africa. When completed, the project will eradicate Guinea worm that is endemic in the drinking water of 26 villages, affecting a population of over 41,000 people. Guinea worm is a waterborne parasitic infection that occurs mainly in Africa, and is very debilitating. There is presently no cure; and the only treatment is a long and excruciatingly painful one that takes weeks or months.

The overall cost of the eradication project at the three dam sites will be approximately \$87,000, which will be funded through a Major Matching Grant from the Rotary Foundation. Funding for the project was made possible, in part, through contributions by the McLean RC, funds raised by D7610's Centennial Banquet, District Designated Funds (DDF) of \$6,000 from D7610 and more than \$25,000 in DDF from District 7850.

The WaterPLUS's team left January 18 to implement the matching grant and to complete the details of a more extensive 3-H grant, for which WaterPLUS is seeking participation of other Rotary clubs. Working together, the sponsoring Rotary clubs and cooperating organizations not only will provide clean drinking water to thousands of households in Ghana, but will help eradicate a parasite that has crippled people for thousands of years. For information on how you can help, contact:

**Scott Mills, Secretary, McLean RC - [Scott.Mills@YourHRLawyer.com](mailto:Scott.Mills@YourHRLawyer.com)**

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## **Help Purchase a "Mechanical Cow" to supply milk for very needy children.**

A mechanical cow is a machine that converts soybeans into milk for children in Peru. Martin Stringer, an American working in Peru, is leading this effort and your club can help by contributing a minimum of \$300 to a maximum of \$1,300 to assist in the purchase of a "cow" which can nourish 3,000 people with 10 hours of work. A wonderful life support for a small contribution from us. District 7610, through our District Designated Funds (DDF), will provide \$1,300 per "cow."

The local club in Peru not only oversees the proper use and maintenance of the “cow” but also instructs the recipient on how to make money by running a small, micro business with the milk and byproducts. Here’s how it works:

The “cow” produces 100 liters per hour of Soya milk using 10 kilos of Soya which presently costs less than \$1.00 per kilo. The milk can then be sold for US\$0.30 per liter which provides a profit since the cost to produce the milk is less than US\$0.03 per liter (plus the container which is very inexpensive). Plus, the milk can also be sold by the glass for pennies and the business can still make money. The residue of the Soya bean (i.e. everything except the liquid) is called okara and has many uses including oatmeal-like cereal, soup, and bread which can be baked from this okara inexpensively and is delicious.

The actual milk can be treated with vinegar and salt and placed in a stainless steel press (supplied by the Rotarians) to make tofu which also has an excellent market and costs no more than the milk itself.

The Rotarians also supply a book of recipes using both tofu, okara, and milk as a guide to what can be done with the machine. Also, a glass of Soya milk (a liter yields 4 large glasses) provides as much protein as 4 servings of meat so anything made from the original Soya beans is very nutritional. There is no waste.

Your club has the opportunity of supporting this wonderful program that will provide Soya milk and byproducts to the needy as well as helping create a small for-profit micro business. Another example of The Rotary Foundation working together with clubs to improve the lives of those less fortunate!

George Layne, Matching Grants Chair, Gainesville RC - [grlayne@msn.com](mailto:grlayne@msn.com)

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## Foundation Tidbits

**Sign Me Up!** Keep up to date with the *Every Rotarian, Every Year* effort and encourage other members of your club to do so by receiving this quarterly newsletter. Take the shortcut to view or subscribe to the newsletter by logging on to [www.erey.rotary.org](http://www.erey.rotary.org).

**Download** *The Rotary Foundation Annual Report 2004-05* (187B-EN) and *2005 Facts* (159-EN) to see how much the Foundation spent on programs and learn about some of the outstanding humanitarian and educational efforts those funds supported.

**Visit the RI Web Site** ([www.erey.rotary.org](http://www.erey.rotary.org)) to find PowerPoint presentations, Fundraising Success Strategies, Annual Programs Fund Challenge Gift Examples, and other resources to help promote the *Every Rotarian, Every year* effort in your club.

**Africa’s Polio Efforts Aiding Bird Flu Fight!** Africa’s response to the first appearance of H5N1 bird flu on the continent may be aided by its fight against an entirely unrelated infection --- polio.

Nigeria, where the dangerous flu strain was found in chickens last week, is the focus of a high-stake endgame effort to eradicate polio from the world. The work is being done by thousands of vaccinators and surveillance officers equipped with maps that record every house in every village and who are able to move diagnostic specimens from patient to laboratory quickly and safely.

This extensive public health infrastructure is now mobilizing against avian flu.

Begun by the Rotary International network of clubs --- and on its way to its still unreached goal of polio eradication, the initiative has put in place an infrastructure of people, skill and equipment that can respond quickly to crises in the poorest, most crowded and inaccessible places on Earth.

Read the article in its entirety in The Washington Post, World News section, Monday, February 13, 2006.

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## *Thoughts for Valentines Day*

- ❖ **When the door of happiness closes, another opens, but often times we look so long at the closed door that we don't see the one which has been opened for us.**
- ❖ **May you have enough happiness to make you sweet, enough trials to make you strong, enough sorrow to keep you human, enough hope to make you happy.**
- ❖ **Always put yourself in others' shoes. If you feel that it hurts you, it probably hurts the other person, too.**



Questions or information that you would like to see in this newsletter, contact Foundation Chair, Sandy Duckworth - [sandraduckworth@direcway.com](mailto:sandraduckworth@direcway.com) or call 540-361-1680